



Henro Trail Guide Kochi Japan

Route : JR Ino Station - Kiyotaki-ji Temple – Shoryu-ji Temple – Onsen ryokan Sanyo-so (overnight stay)

Distance : 16km (5hrs 30mins - 6hrs 30mins)

Elevation : 185m at Tsukaji Pass

Rest Points : 2 restaurants, 1 Bakery and Café, 1 Japanese sweet shop, 1 local market with light meals

Accommodation: Onsen ryokan Sanyo-so

About this trail guide

This Trail Guide prioritizes routes that avoid paved roads with heavy traffic as much as possible to heighten the experience of henro trail walking. Such routes including old trails may not be displayed on road maps or map apps. The guide also introduces routes in some places that differ from the commonly known walking henro routes.

Emergency contact information

Japan Visitor Hotline (JNTO Call Center): 050-3816-2787
24 hour call center for enquiries in English, Chinese, Korean and Japanese

Police Emergency Service Number: 110

Ambulance / Fire Services Number: 119

Legend (Words in *Italic* are the original Japanese.)

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| 32 One of the 88 Temples (Henro Temple) (<i>fudasho, 札所</i>) | Restaurant/cafe (<i>レストラン/カフェ</i>) | Tsunami evacuation site (<i>tsunami hinan basho, 津波避難場所</i>) |
| Rest hut (<i>kyukeijo / henro goya, 休憩所/へんろ小屋</i>) | Convenience store (<i>konbini, コンビニ</i>) | Supermarket (<i>sūpā, スーパー</i>) |
| Stone signpost (<i>henroishi, へんろ石</i>) | Toilet (<i>トイレ</i>) | Police station (<i>keisatsu / koban, 警察/交番</i>) |
| School (<i>gakko, 学校</i>) | Hospital (<i>byoin, 病院</i>) | |

The following signposts are placed on henro routes for pilgrims.

