

Shikoku Pilgrimage route "HENRO"

31st
Chikurin-ji Temple32nd
Zenjibu-ji Temple33rd
Sekkei-ji Temple

遍路

Henro Trail Guide Kochi Japan

Route : Kochi City Center - Chikurin-ji Temple - Zenjibu-ji Temple – Sekkei-ji Temple**Distance :** 17km (5hrs 30mins - 6hrs 30mins)**Elevation :** 130m at Chikurin-ji Temple**Rest Points :** 1 restaurant, 1 convenience store, 1 pilgrim rest house**Attractions :** Glass Making workshop, Sake Brewery

Get on the tram at the Harimayabashi tram stop and get off at Monju dori. It is 12 stops away. Walk to Chikurin-ji Temple (31st Temple) and then to Zenjibu-ji Temple (32nd Temple). The pilgrimage roads Chikurin-ji Henro Trail and Zenjibu-ji Henro Trail which pass through Mt. Godai have been designated as National Historic Sites. There are magnificent views overlooking the Pacific Ocean from Zenjibu-ji Temple. as Walk west from Zenjibu-ji Temple into the little port town of Tanezaki and its ferries, which carry pilgrims across the water. Enjoy the brief 5-minute trip before arriving at Nagahama port, from where you can continue west to reach Sekkei-ji Temple (33rd Temple). From there, take a bus or taxi back to the starting point at Harimayabashi.

Note

If you get tired on the way, walk from 32nd Zenjibu-ji Temple to the Ikedori Gijutsu Gakko-mae bus stop and ride Kochi City Tourist Bus "MY-YU BUS" which will take you back to the center of Kochi City.

About this trail guide

This Trail Guide prioritizes routes that avoid paved roads with heavy traffic as much as possible to heighten the experience of henro trail walking. Such routes including old trails may not be displayed on road maps or map apps. The guide also introduces routes in some places that differ from the commonly known walking henro routes.

Emergency contact information

Japan Visitor Hotline (JNTO Call Center): 050-3816-2787
24 hour call center for enquiries in English, Chinese, Korean and Japanese

Police Emergency Service Number: 110

Ambulance / Fire Services Number: 119

Legend (Words in *Italic* are the original Japanese.)

32 One of the 88 Temples (Henro Temple)
(fudasho, 札所)

Rest Rest hut (kyukeijo / henro goya, 休憩所/へんろ小屋)

Toilet (トイレ)

Stone signpost
(henroishi, へんろ石)

Convenience store
(konbini, コンビニ)

Supermarket
(supa, スーパー)

Restaurant/cafe
(レストラン/カフェ)

Tsunami evacuation site
(tsunami hinan basho, 津波避難場所)

School (gakko, 学校)

Police station
(keisatsu / koban, 警察/交番)

Hospital (byoin, 病院)

The following signposts are placed on henro routes for pilgrims.



Signpost (Pilgrimage sticker)



Signboard



Signtag

※ A numerical map (basic national land information) issued by the Geospatial Information Authority of Japan was used in the creation of this map.