

31st
Chikurin-ji Temple

32nd
Zenjibu-ji Temple

33rd
Sekkei-ji Temple

遍路

Henro Trail Guide Kochi Japan

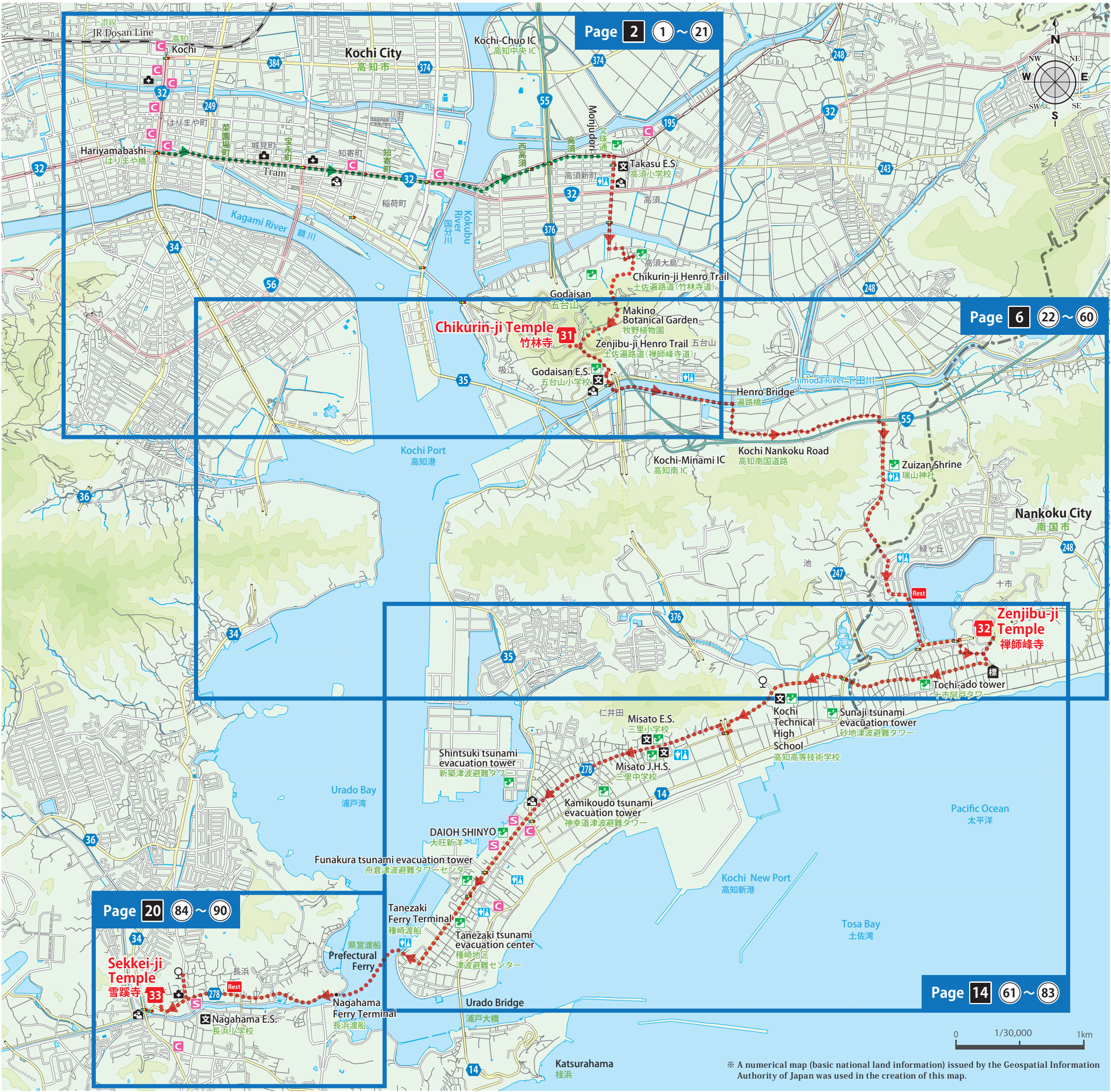
Route : Kochi City Center - Chikurin-ji Temple -
Zenjibu-ji Temple – Sekkei-ji Temple

Distance : 17km (5hrs 30mins - 6hrs 30mins)

Elevation : 130m at Chikurin-ji Temple

Rest Points : 1 restaurant, 1 convenience store,
1 pilgrim rest house

Attractions : Glass Making workshop, Sake Brewery



About this trail guide

This Trail Guide prioritizes routes that avoid paved roads with heavy traffic as much as possible to heighten the experience of henro trail walking. Such routes including old trails may not be displayed on road maps or map apps. The guide also introduces routes in some places that differ from the commonly known walking henro routes.

Emergency contact information

Japan Visitor Hotline (JNTO Call Center):
050-3816-2787
24 hour call center for enquiries in English, Chinese,
Korean and Japanese
Police Emergency Service Number: 110
Ambulance / Fire Services Number: 119



<https://visitkochijapan.com>

Legend (Words in *Italic* are the original Japanese.)

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|--|--|--|--------------------------------------|
| 32 One of the 88 Temples (Henro Temple)
(<i>fudasho</i> , 札所) | Restaurant/cafe
(レストラン/カフェ) | Tsunami evacuation site
(<i>tsunami hinan basho</i> , 津波避難場所) | School (<i>gakko</i> , 学校) |
| Rest Rest hut (<i>kyuukeijo</i> / <i>henro goya</i> , 休憩所/へんろ小屋) | Convenience store
(<i>konbini</i> , コンビニ) | Police station
(<i>keisatsu</i> / <i>koban</i> , 警察/交番) | Hospital (<i>byoin</i> , 病院) |
| Stone signpost
(<i>henroishi</i> , へんろ石) | Toilet (トイレ) | Supermarket (<i>sūpā</i> , スーパー) | |

The following signposts are placed on henro routes for pilgrims.

