Tengu Highlands Forest Therapy Road



- Places marked with \times are unpaved hard-to-walk trails.
- It takes approximately 2 hours going to (descent) Ohikiwari from Hoshifuru Village Tengu Hotel, and approximately 3 hours (climb) going back via the Shikoku Nature Trail.
- All distances are given as "approximate distances between
 and or
 ." The diagram is an abbreviation with north-south exaggeration and differs from the actual location.
- Restrooms are only located at the trailhead of the Therapy Road.